



Real People. Real Support. Real Recovery.



**Hello . Welcome to our Spring Edition of the Ambrose Spotlight.**

While the snow may still be falling outside our window, we can appreciate the signs of a new season with longer days, more sunlight, and reaching the official first day of spring! Having entered into the new year recently, we invite you to take time to reflect on what is envisioned for the sunny days ahead in 2026.

At Ambrose, a person's recovery is our top priority. Our mission is to provide compassionate, comprehensive, clinical case management that helps our clients regain independence and move forward with confidence. This newsletter is designed to offer guidance, education from the experts, information you can use, and resources to assist with the journey.

**Inside, you'll find:**

1. 🏆 2025 awards for outstanding Ambrosians
2. 🌟 A provider spotlight to connect you with trusted care and advice
3. 💡 Helpful tips from a case manager on medication safety
4. 🔥 Reading inspiration from our **Book Nook**
5. 🍲 A delicious recipe recommended by one of our Ambrosians

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**🌟 Spotlight on Outstanding Ambrosians 🌟**

# 2025 AMBROSIAN OF THE YEAR



**MAKAVELI WILLIAMS**



**We are pleased to announce that Makaveli Williams has been awarded the 2025 Ambrosian of the Year!**

Mr. Williams has been with Ambrose for 4 years and has not let up since he started. During his tenure, he has established strong relationships with clients by meeting with them and their team members across the state of Michigan, demonstrating exceptional dedication as a "road warrior." He has been the first on our team to wander into AI and the value of it for case management. He consistently provides inspiration, hope, and optimism. His clients always look forward to his visits. Mr. Williams is a master problem-solver and solution-finder and has been able to find positive pathways for any challenging situations. His clients come first and they know it.

Congratulations, Makaveli!

# 2025 AMBROSE STARPOWER



**CADEN BARTLEY**



**We are honored to announce that Caden Bartley has earned the Star Power Award for 2025!**

Mr. Bartley started working with our team in 2024 as our Social Media Expert, bringing strong social media knowledge and a good understanding of digital platforms. His efforts have helped Ambrose reach more people in the community by developing a platform that educates people about the value of case management. His work has also created more community and education for our current clients. Congratulations Caden on this well-deserved recognition. We look forward to even more exciting contributions from you in 2026!

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**Provider Spotlight**

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Introducing:

## Margaret Browning Attorney & Guardian

- Chief Executive Officer -

**Browning & Associates, P.C.**



Margaret is the Chief Executive Officer of Browning & Associates, P.C. She attended Michigan State University and University of Michigan for undergraduate studies, then went to Wayne State University for law school.

Margaret has been an attorney for over 30 years. She first worked as an insurance defense attorney. After 5 years doing defense, Margaret discovered that she preferred advocating for injured individuals. She worked for over 10 years as a personal injury attorney. By working closely with people who had gone through life changing car accidents, she saw first hand the challenges that emerge from catastrophic injuries.

## What is the Difference Between Guardianship vs. Conservatorship?

When a person is no longer able to handle their own affairs, they may require the assistance of a guardian or a conservator. A guardian is primarily responsible for making medical decisions and to ensure that their ward has an appropriate place to live, is getting proper nutrition, and has the basic necessities. A conservator is primarily responsible for managing the assets of a legally protected person.

In Michigan, the same individual can serve in both roles: guardian and conservator. However, there are instances where a person may only require one or the other. For example, a person may have a guardian, but they do not need a conservator because their assets are limited (below \$25,000) and the only income is Social Security disability or retirement benefits. When a person does not have significant assets or income, the guardian can become the Representative Payee for Social Security benefits. Being the Representative Payee allows the person to open a bank account to receive the Social Security payment, to provide the person a stipend and to pay their bills.

On the other hand, a person may have diminished capacity, but are still able to make and communicate informed decisions about their health and medical condition. However, managing a large financial portfolio may be too challenging and would subject them to financial exploitation. By having a conservator manage their money, the conservator has a fiduciary duty to protect the person's resources and invest their money as a prudent investor would do so. The conservator provides an annual accounting (or more often if requested by the legally protected person) showing all the income and the expenditures as well as investment growth.

Additionally, conservatorship can help prevent financial exploitation because the legally protected person no longer has access to their investments. Similarly, they no longer have the power to contract so that if the person is tricked or coerced into an unnecessary contract or purchase, the conservator can have the transaction declared null and void.

Both guardians and conservators must be appointed by the Court and there is judicial oversight. In contrast, when a person gives another person authority to make decisions for them in a Power of Attorney or a Patient Advocate Designation, there is no Court oversight. Having Court oversight is an important check and balance over the decisions made by guardians and conservators. Additionally, if the legally protected person wants to challenge the actions of their conservator or guardian, they can easily contact the Court for a review.

[More about Browning & Associates](#)

## Tips From a Case Manager

### **How to Manage Your Medications Safely**

#### **Keep an Updated Medication List**

- Carry a copy with you (in your purse or wallet)
- Keep a copy at home in a visible place
- Make sure your doctors have a current copy
- Know both the brand name and the generic name for your medications - this helps you recognize your medication no matter which version you receive

#### **Use a Pill Box**

- Organize your medications by day and time to avoid missing or doubling doses - if you forget to check your pill box, set an alarm on

your phone to stay on track

## **Ask Questions when Needed**

- Consult your pharmacist if you have questions about side effects, interactions, or how to take your medications

## **Stay Connected with Support**

- Reach out to your case manager if you need help staying organized with your medications

# The Book Nook

Our Choice:

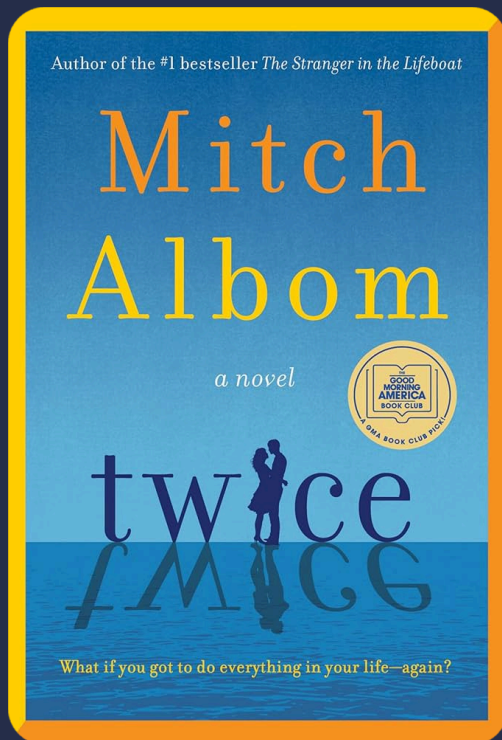
***Twice***

What if you got to do everything  
in your life--again?

**By: Mitch Albom**

Once again, we revisit one of our  
favorite authors!

The heart of Mitch Albom's newest novel is a stunning love story that dares to explore how our unchecked desires might mean losing what we've had all along. In *Twice*, America's favorite storyteller, Mitch Albom, is at the top of his powers. A love story that is enchanting, probing, and clairvoyant in matters of the heart, *Twice* will make you think, weep, and overflow with love from beginning to end.



# Buttery Baked 'Mak' & Cheese

By: Makaveli Williams



## Ingredients

- Elbow macaroni (or pasta of choice)
- 2 cubes chicken bouillon
- Water (for boiling pasta)
- 1 stick butter (½ cup), melted
- Extra butter, sliced into small thin squares (for topping)
- 2 eggs
- 1 cup milk
- Lawry's Seasoned Salt (be generous)
- Black pepper (to taste)
- Cheese blend:
  - 2 cups freshly shredded Colby Jack
  - 1 cup freshly shredded sharp cheddar
  - ½ cup freshly shredded Gouda
  - ¼ cup freshly shredded Asiago

## Instructions

### 1. Boil the Pasta

Bring a large pot of water to a boil and add 2 cubes of chicken bouillon. Cook pasta until tender. Drain well.

## 2. **Butter the Noodles**

While the noodles are still hot, add 1 whole stick of melted butter. Toss until fully coated.

## 3. **Build the Base**

Add 2 eggs, 1 cup of milk, Lawry's Seasoned Salt, and black pepper. Mix really well.

## 4. **Add the Cheese**

Stir in:

- 2 cups Colby Jack
- 1 cup sharp cheddar
- ½ cup Gouda
- ¼ cup Asiago

Mix until evenly combined.

## 5. **Assemble**

Pour mixture into a greased baking pan. Top with a mix of the remaining cheese, black pepper, and small thin squares of butter spread across the top (this helps prevent sticking and adds richness).

## 6. **Bake Low & Slow**

Cover tightly with foil and bake at 250°F for 60–75 minutes.

## 7. **Brown the Top**

Remove foil and continue baking until the top is lightly browned to your liking.

## 8. **Rest & Serve**

Let rest for 5–10 minutes before serving so it sets up perfectly.

## 9. **ENJOY!**

# Important Resources

## [BIAMI - Brain Injury Association of Michigan](#)

Educational resources and support groups for people with TBIs

## [MBIPC - Michigan Brain Injury Provider Counsel](#)

A membership organization for providers who treat people with TBI

## [CPAN - Coalition to Protect Auto No-Fault](#)

Legal and Legislative advocate for the protection of Michigan Auto No-Fault

## [WeCantWait](#)

A grassroots client and family-driven advocacy group for the rights of people injured in auto accidents in Michigan

## [CMSA - Case Management Society of America](#)

Resources for Case Managers

**Mailing Address:** PO box 1638, Okemos, MI 48805

**Physical Address:** 1660 Haslett Road, Suite 3, Haslett MI 48840

**Phone Number:** 517-381-3430

**Fax:** 517-381-1617

**Website:** [www.ambroseconsult.com](http://www.ambroseconsult.com)

**Email:** [info@ambroseconsult.com](mailto:info@ambroseconsult.com)

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